

## PART 5: APPENDICES

### APPENDIX I: TOP TEN CHECKLIST

**Associated Hospital/Organization:** AHA/HRET HEN 2.0

**Purpose of Tool:** A checklist to review current, or initiate new interventions to prevent avoidable readmissions in your facility.

**Reference:** [www.hret-hen.org](http://www.hret-hen.org)

Preventable Readmissions Top 10 Checklist				
Process Change	In Place	Not Done	Will Adopt	Notes (Responsible And By When?)
Enhanced admission assessment of discharge needs and begin discharge planning on admission. Formal assessment of risk of readmission—align interventions to patient’s needs and risk-stratification level.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Accurate medication reconciliation at admission, at any change in level of care and at discharge.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Patient education—be culturally sensitive; incorporate health literacy concepts; include information on diagnosis and symptom management, medication and post-discharge care needs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Identify primary caregiver, if not the patient, and include in education and discharge planning.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Use teach-back to validate patient and caregiver’s understanding.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Send discharge summary and after-hospital care plan to PCP within 24 to 48 hours of discharge.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Collaborate with post-acute care and community based providers including SNFs, rehabilitation facilities, long-term acute care hospitals, home care agencies, palliative care teams, hospice, medical homes and pharmacist.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Before discharge, schedule follow-up medical appointments and post-discharge tests/labs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
For patients without a PCP work with health plans, Medicaid agencies and other safety net programs to identify and link patient to a PCP.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Conduct post-discharge follow-up calls within 48 hours of discharge; reinforce components of after-hospital care plan using teach-back; and identify any unmet needs such as access to medication, transportation to follow-up appointments, etc.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	